



Zonya

AMERICA'S NUTRITION LEADER

**"Get your entire family on the same mission...
working together to be a Fit Family for Life!"
"Parents and Kids (7 years and older) welcome!"**

Jay County Hospital Foundation

in conjunction with

Wellness IN Schools

presents

"Fit Families for Life"

by America's Nutrition Leader, Zonya Foco

To learn more about
Zonya, the host of
Zonya's Health Bites
on PBS, visit
www.Zonya.com

Tuesday, April 13th 7:00pm - 8:30pm
Jay County High School Auditorium

**This presentation is free to the public. Free giveaways will be provided.
Zonya's books and DVD's will be available for purchase following the presentation.**